



JOB DESCRIPTION

Job Title:	Lecturer in Sport and Exercise Psychology
Location:	Cyncoed Campus
School:	Cardiff School of Sport and Health Sciences
Grade:	7 A/B
Hours:	37 hours per week (1.0fte)
Tenure:	Fixed term until 31st July 2026 (Maternity Cover)
Salary:	£44,263- £49,794 per annum
Accountable to:	Academic Team Lead

This job description is indicative, not prescriptive, and the balance of duties will be in accordance with the contract of employment.

Role Summary:

The opportunity exists for a suitably experienced candidate to contribute to the delivery of sport and exercise psychology, and contribute to cross-programme modules within the School's undergraduate programmes. In addition, suitably qualified individuals will contribute to the delivery of the MSc Sport Psychology. You will also undertake research/scholarly activities and the supervision of student research and placements as appropriate. You will carry out administration associated with teaching and other administrative duties. Contribution to the innovation activities of the School will be expected.

The postholder will work closely with members of the Sport & Exercise Psychology, and Sport & Exercise Science (SES) teams and will contribute to teaching across the portfolio, in addition to developing their own research profile within the School of Sport and Health Science. The postholder will have a flexible approach and be interested in supporting students throughout their academic studies.



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

ROLE PROFILE

This role profile is indicative, not prescriptive, and the balance of duties will be in accordance with the contract of employment

Principal Duties and Responsibilities:

Develop and deliver Sport / Exercise Psychology modules in the Sport & Exercise Science curriculum; contribute psychology research in applied sport & exercise settings and supervise undergraduate and postgraduate research students.

Teaching and learning support

- Design teaching material and deliver either across a range of modules or within a subject area.
- Use appropriate teaching, learning support and assessment methods.
- Supervise student projects, and/or e.g. field trips and, where appropriate, placements.
- Identify areas where current provision is in need of revision or improvement.
- Contribute to the planning, design and development of objectives and material.
- Set, mark and assess work and examinations and provide feedback to students.

Research and scholarship

- Lead research and/or innovation proposals and projects with the potential to generate income, to manage project deliverables, deliver outputs and secure impact.
- Work with university stakeholders to identify sources of research funding and lead the process of securing funds.
- Manage the delivery of individual and/or collaborative research projects to time and on budget.
- Apply knowledge acquired from research and innovation as well as scholarship to learning and teaching, and appropriate external activities
Lead the design and production of peer-reviewed publications and/or practitioner outputs, and/or disseminate research findings using other appropriate media.
- Make presentations at local, national and international academic and/or practitioner conferences or exhibit work in other appropriate events.

Communication

- Routinely communicate complex and conceptual ideas.

Liaison and networking

- Participate in and help develop internal and external networks for the benefit of Cardiff Metropolitan University in the areas of teaching and research.

Managing people

- Mentor colleagues with less experience and advise on personal development.
- Depending on the area of work, could be expected to supervise the work of others.

Teamwork

- Act as a responsible team member, leading where agreed, and develop productive working relationships with other members of staff.
- Collaborate with colleagues to identify and respond to students' needs.

Pastoral care

- Could be expected to act as a module leader.
- Be responsible for the pastoral care of students within a specified area.
- Deal with standard problems and help colleagues resolve their concerns about progress in research.

Initiative, problem-solving and decision-making

- Assess, interpret and evaluate outcomes of research.
- Identify the need for developing the content or structure of modules with colleagues and make proposals on how this should be achieved.
- Develop ideas promoting the subject and/or research areas.
 - e.g. Develop ideas and find ways of disseminating and applying the results of research and scholarship.
 - e.g. Responsibility for the design and delivery of own modules and assessment methods.
 - e.g. Collaborate with colleagues on the implementation of assessment procedures.
 - e.g. Advise others on strategic issues such as student recruitment and marketing.
 - e.g. Contribute to the accreditation of courses and quality control processes.

Planning and managing resources

- As module leader or tutor, co-ordinate with others (such as support staff or academic colleagues) to ensure student needs and expectations are met.
- Manage projects relating to own area of work.
- Participating in developing ideas for generating income.

Sensory, physical and emotional demands.

- Balance the pressures of teaching and administrative demands and competing deadlines.

Work environment

- Within the context of Cardiff Metropolitan University's H&S policy, depending on area of work and level of training received, may be expected to conduct risk assessment and take responsibility for the health and safety of others.

Expertise

- Possess sufficient breadth or depth of specialist knowledge in the discipline to develop teaching and/or research programmes and the provision of learning support.
- Use a range of delivery techniques.

Standard Notification

These guidelines are provided to assist you in the performance of your contract. The university is a dynamic organisation; therefore changes may be required from time to time. Any changes will be made in consultation with the post-holder. The Summary of Duties and Responsibilities is not intended to be an exhaustive list of tasks performed. Other associated technical tasks are likely to be performed as directed by the line manager.

The University is committed to the highest ethical and professional standards of conduct. Therefore, all employees are expected to have due regard for the impact of their personal behaviour and conduct on the University, students, colleagues, business stakeholders and our community. Each employee must demonstrate adherence to our Code of Professional Conduct. In addition, all employees should have particular regard for their responsibilities under Cardiff Metropolitan University's Equalities, Financial, Environmental and Sustainability, People Services and Health and Safety policies and procedures.



PERSON SPECIFICATION

Job Title: Lecturer in Sport and Exercise
Psychology

School/Unit: Cardiff School of Sport and Health
Sciences

*Key

A - Application form
I - Interview
T - Test

FACTORS	ESSENTIAL AND DESIRABLE CRITERIA	ASSESSED BY		
		A*	I*	T*
Education and Qualifications (Essential)	A good honours degree at 2.1 or above in sport science, sport psychology or closely related discipline.	✓		
	An earned doctoral level qualification.	✓	✓	
	Ability to achieve Fellow Status as part of the Higher Education Academy's Professional Recognition scheme, within a three year period.	✓	✓	
Education and Qualifications (Desirable)	Fellow Status as part of the Higher Education Academy's Professional Recognition scheme.	✓		
	Membership of a professional body (e.g.,BPS)	✓		
Knowledge (Essential)	Proven background in sport and exercise psychology	✓	✓	✓
	Evidence of undertaking continuous professional development (CPD).	✓		
	A sound understanding of pedagogy.	✓	✓	
	A sound understanding of research/innovation and scholarly activity.	✓	✓	✓
Knowledge (Desirable)	Knowledge of applications of psychology in Sport & exercise settings	✓		
	Knowledge of research methods.	✓		
Skills and Abilities Relating to Role (Essential)	Ability to develop teaching and/or research programmes and the provision of learning support.	✓	✓	✓
	Ability to design teaching and learning material.	✓	✓	✓

	Ability to employ appropriate assessment methods.	✓	✓	
	Ability to support the development of research objectives, projects or proposals.	✓	✓	
	Ability to employ appropriate methods for disseminating research findings.		✓	✓
	Ability to contribute to the achievement of the School Development Plan and the development of other school activities.		✓	✓
	Ability to undertake administrative duties in an accurate and timely fashion.	✓		
	Ability to plan workloads and projects and manage resources effectively.	✓	✓	
	Ability to identify areas for improvement and to use initiative and problem solving skills to improve performance.	✓	✓	✓
	Ability to take responsibility for a number of key areas such as module leader, research supervision at undergraduate level.	✓	✓	✓
	Ability to communicate and disseminate complex and conceptual ideas in a variety of ways – presentations at conferences, reports on findings, publications, feedback etc.	✓	✓	✓
	Ability to develop productive working relationships as part of a professional team.		✓	
	Ability to work collaboratively on research projects through the development of appropriate partnerships.	✓	✓	
Skills and Abilities Relating to Role (Desirable)	Ability to contribute to undergraduate taught pathways in Sport / Exercise Psychology and Sport & Exercise Science.	✓		
	Demonstrated ability to produce research outputs considered to have international impact	✓	✓	
	Demonstrated ability to generate external research/knowledge exchange funding	✓		
Experience Paid/Unpaid (Essential)	Experience of teaching/research or equivalent.	✓	✓	✓
	Experience of attracting or generating funds/income through a variety of sources.		✓	

	Experience of working with others in a supervisory/guiding/supporting/mentoring capacity.	✓	✓	
Experience Paid/Unpaid (Desirable)	<p>Experience of teaching and research in Higher Education.</p> <p>Experience of applied sport and exercise psychology environments.</p> <p>Experience of working within multi-disciplinary settings</p>	<p>✓</p> <p>✓</p> <p>✓</p>		
Other Requirements (Essential)	Ability to demonstrate a commitment to Equality and Diversity, Health and Safety, Quality Standards.	✓	✓	
Other Requirements (Desirable)	Evidence of conducting REF returnable high quality research.	✓	✓	
Desirable Welsh Language Skills	<p><u>Listening, Reading, Speaking, Writing</u></p> <p>A1 - Beginner Can understand and use familiar everyday expressions and very basic phrases in Welsh.</p>	✓		